

# J's Catering

## BUFFET MENU

**PLEASE SELECT YOUR OPTIONS FROM THE MENU BELOW AND SEND IT BACK TO [janine@jscatering.co.za](mailto:janine@jscatering.co.za) FOR A QUOTATION.  
ALL PRICES INCLUDE THE CUTLERY, CROCKERY AND ALL EQUIPMENT NEEDED FOR OUR FOOD TABLE only.**

Name/Company: \_\_\_\_\_  
Contact nr: \_\_\_\_\_  
Email address: \_\_\_\_\_  
Address of event: \_\_\_\_\_  
The date of the event: \_\_\_\_\_  
Total of people: \_\_\_\_\_ Total of adults: \_\_\_\_\_  
Total of children: Under 5 \_\_\_\_\_ 6 – 12 years \_\_\_\_\_  
Serving time: \_\_\_\_\_  
Do you have tables available for the food? \_\_\_\_\_  
What is the colour or theme of your event? \_\_\_\_\_  
What is the occasion of your event? \_\_\_\_\_

### OPTIONS:

Starters – Options -

1. Chicken & mushroom in pastry bundle
2. Spring rolls – chicken & vegetable
3. Shrimp cocktail served in pastry cup
4. Bacon, spinach & feta in pastry cup
5. Sweetcorn delight in pastry cup
6. Chicken & cheese in pastry cup
7. Pancakes filled with chicken & savoury mince
8. Butternut soup or cream of tomato soup
9. Chicken salad
10. Tuna salad
11. Creamy spinach stuffed mushrooms
12. Loaded baked potato rounds

OR

### Starter Table

1. Cheese: Sweetmilk, Cheddar, French Camembert, Brie, Gorgonzola, Edam & Mozzarella
2. Assorted Pates
3. Assorted Jams
4. Seasonal fresh fruit
5. Savoury biscuits & assorted fresh bread with butter
6. Fresh fruit juice

OR

A large variety of finger snacks selected from our platter menu

Rice – Options

1. White rice
2. Yellow rice with raisins
3. Savoury rice
4. Brown rice

Starch – Options

1. Mixed cocktail rolls with butter
2. Seed loaf with butter
3. Portuguese rolls with butter
4. French loaf with butter
5. Pap & gravy
6. Samp & gravy

Meat – Options

1. Chicken ala King
2. Chicken mixed portions/drumsticks
3. Chicken curry
4. Chicken pie
5. Beef Stroganoff
6. Roast Beef
7. Traditional Beef Bobotie
8. Beef Curry
9. Beef pie
10. Oxtail stew
11. Pulled beef
12. Roast Pork
13. Pork Curry
14. Pulled Pork
15. Roast leg of Lamb
16. Pulled Lamb
17. Lamb Curry

Salad – Options

1. Beetroot & feta salad
2. Beetroot & onions
3. French salad
4. Greek salad
5. Curry bean salad
6. Broccoli & cauliflower salad
7. Cauliflower, corn & cucumber salad
8. Bacon, lettuce & tomato pasta salad
9. Rice salad
10. Coleslaw
11. Three bean salad

12. Tomato and onion
13. Tomato, basil, avocado & mozzarella salad
14. Curry noodles
15. Noodle mayonnaise
16. Sweet corn salad
17. Potato salad with egg
18. Potato salad with bacon
19. Curried potato salad
20. Carrot and pineapple
21. Banana salad – curry or with condensed milk
22. Watermelon (when in season)
23. Watermelon Feta salad
24. Curried carrots

### VEGETABLES – OPTIONS



1. Roasted baby potatoes
2. Roasted baby potatoes with small onions
3. Garlic herbs roasted potatoes
4. Green beans with onions & potatoes mashed
5. Bacon & onion green beans
6. Fried green beans with garlic
7. Creamy spinach
8. Cauliflower creamed spinach
9. Sweet peas
10. Fried cabbage
11. Cabbage with onions & potatoes
12. Sweet pumpkin
13. Pumpkin pie
14. Sweet butternut
15. Butternut feta and tomato bake
16. Crispy butternut with garlic & parmesan
17. Stir fry
18. Cauliflower and cheese sauce
19. Cauliflower & broccoli with cheese sauce
20. Garlic roasted broccoli
21. Broccoli & cheddar baked potatoes
22. Mixed vegetables (corn, carrots, beans & peas)
23. Garlic butter roasted carrots
24. Roasted garlic parmesan zucchini squash & tomatoes
25. Cheesy zucchini bake
26. Gem squash with sweet corn and cheese
27. Sweet carrots
28. Potato Bake
29. Sweet potato and pumpkin
30. Sweet potato
31. Roasted vegetables
32. Pumpkin fritters with caramel sauce
33. Creamy tortellini vegetable bake

DESSERT - Options

1. Ice cream with chocolate sauce, nuts & strawberries
2. Malva pudding & custard
3. Topsy tart with custard
4. Apple caramel pudding
5. Fresh fruit salad with custard
6. Chocolate mousse
7. Baked Chocolate pudding with custard
8. Peppermint crisp tart
9. Pumpkin pie with custard
10. Cremora fruit tart
11. Butterscotch pudding
12. Sticky toffee

Coffee/Tea

**Additional equipment:**

- *Table linen*
- *Glasses*
- *Décor*
- *DJ*
- *Waiters/barmen*
- *Flowers*
- *Kiddies entertainment*
- *Tables, chairs etc*